





Men's health

Because men are at greater risk for conditions like cardiovascular disease and lung cancer yet less likely than women to see a doctor, addressing their health needs can be challenging. Health centers are uniquely positioned to overcome these challenges. For example, rates of hypertension and diabetes control at health centers are higher than the national average. As your health center supports men's health, we can help you improve outcomes and quality-measure performance with solutions for every phase of a man's wellness journey.

>12.9M

In 2022, health centers served more than 12.9 million men⁴ 40%

of men won't go to the doctor until something is seriously wrong² **ONLY 21%**

Uninsured men were the least up to date with colorectal cancer screening (21.2%), followed by men on Medicaid (41.8%)⁵ 30% HIGHER

Colorectal cancer rates are 30% higher in men than in women⁶

For every stage of a man's life, we offer specialized solutions and reliable insights to help your clinicians and patients make informed decisions about their health.



Helping you improve quality metrics and patient outcomes in **men's health**

Common testing for men by age

CDC ● UDS ▲ HEDIS ■

	13–18	19–39	40 - +
Infectious disease	• Chlamydia & gonorrhea screening ● • Syphilis screening ● • Hepatitis B & C screening • HIV screening ● ▲ • Herpes screening ● • Tuberculosis testing	 Chlamydia & gonorrhea screening ● Syphilis screening ● Hepatitis B & C screening ● HIV screening ● ▲ Herpes screening ● Tuberculosis testing 	• Chlamydia & gonorrhea screening ● • Syphilis screening ● • Hepatitis B & C screening ● • HIV screening ● ▲ • Herpes screening ● • Tuberculosis testing
Oncology		• Hereditary cancer risk testing	 Colorectal cancer screening (≥45) ● ▲ ■ Hereditary cancer risk testing Prostate cancer screening (55<69)
Cardiometabolic health	Lipid panelDiabetes screeningChronic kidney disease (CKD)	 Lipid panel ● Diabetes screening ● ▲ ■ Chronic kidney disease (CKD) ■ 	•Lipid panel ● •Diabetes screening ● ▲ ■ •Chronic kidney disease (CKD) ● ■
Endocrinology		•Testosterone testing	•Testosterone testing
General health	Drug monitoring Medication adherence (controlled medications Rx)	Drug monitoringMedication adherence (controlled medications Rx)	Drug monitoringMedication adherence (controlled medications Rx)



Address the unique needs of your male patients.

To learn more about our comprehensive solutions, contact your Quest sales representative.

References

1. US Department of Health and Human Services. Healthy People 2030: Men. Accessed November 21, 2023. https://health.gov/healthypeople/objectives-and-data/browse-objectives/men 2. Indiana University School of Medicine. Men's Health Month: Five things to know. June 22, 2023. Accessed November 21, 2023. https://medicine.iu.edu/blogs/spirit-of-medicine/mens-health-month 3. NACHC. Community health center chartbook. March 2023. Accessed November 21, 2023. https://www.nachc.org/wp-content/uploads/2023/07/Community-Health-Center-Chartbook-2023-2021UDS.pdf 4. HRSA. National Health Center Program Uniform Data System (UDS) Awardee Data. 2022. Accessed November 21, 2023. https://data.hrsa.gov/tools/data-reporting/program-data/national 5. Shah SK, Narcisse M, Hallgren E, et al. Assessment of colorectal cancer screening disparities in U.S. men and women using a demographically representative sample. Cancer Res Commun. 2022;2(6):561-569. doi:10.1158/2767-9764.CRC-22-0079 6. American Cancer Society. Colorectal cancer facts & figures 2020-2022. Accessed November 21, 2023. https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/colorectal-cancer-facts-and-figures-2020-2022.pdf

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