



# Quest Lab Stewardship

Empowering health systems to pursue laboratory optimization and help deliver high-value care.

At Quest Diagnostics, we empower you to make confident decisions that improve patient and financial health. Our next-generation solution provides comprehensive access and insight into your reference lab testing to promote better patient outcomes while reducing healthcare costs.

Laboratory testing is healthcare's single highest-volume activity. Yet despite its importance in guiding clinical decisions, inappropriate<sup>a</sup> testing can lead to lengthier and more frequent patient encounters—without adding clinical value. Quest Lab Stewardship monitors, assesses, and helps guide test selection to help you and your team manage lab costs, create efficiencies, and standardize your laboratory services.

By going beyond basic reports, this offering empowers physicians, lab administrators, and medical leadership with actionable insights to drive targeted improvements in overall test utilization, lab operations, and patient outcomes.

## Understand Your Utilization Performance

Quest Lab Stewardship gives around-the-clock insight into all reference testing from Quest to instantly understand which locations and physicians order which tests. Quickly monitor high-volume and high-cost testing from every location and easily identify the factors influencing misutilization.<sup>b</sup>

## Bolster High-Value Care Initiatives

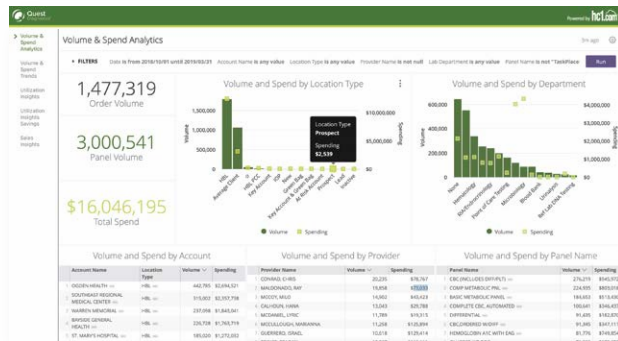
Quest Lab Stewardship empowers you to enact specific initiatives and drive change based on test utilization trends of inpatient versus outpatient locations, and also at the physician level. For example, see where outpatient physicians may be ordering hemoglobin A1c tests more often than clinical guidelines require, or where inpatient physicians at a particular hospital are ordering RBC Folate more often than Serum Folate.

## Quest Lab Stewardship

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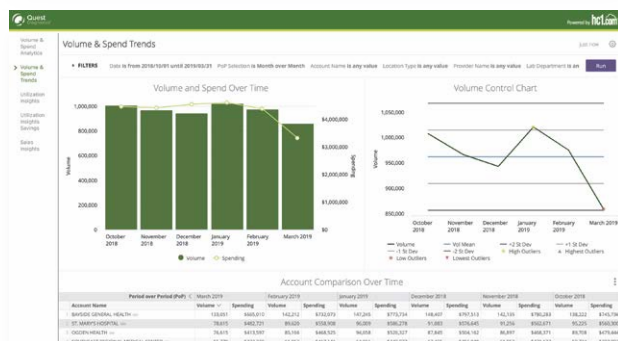


Built with our understanding of the clinical necessities and business realities of providing and paying for care, Quest Lab Stewardship enables progressive health systems to help improve patient care through better laboratory utilization.



### Organization of Laboratory Data

Normalize and combine similarly-named tests into unique, filterable common names so that medical leadership has a straightforward view of their entire test compendium.



### Real-time Monitoring

Visualize testing trends by location and physician to empower proactive interventions to improve lab utilization.



### Medical Laboratory Guidelines

Apply lab utilization rules to identify clinical variation and drive targeted change to help improve patient care and reduce lab spend.

With Quest Lab Stewardship, your health system can accelerate the delivery of high-value care by understanding where inappropriate testing occurs, allowing you to make impactful changes that help improve the quality of care for patients.



Contact your Quest Diagnostics sales representative at 1.866.MYQUEST (1.866.697.8378) or visit [QuestForHealthSystems.com/LabStewardship](https://QuestForHealthSystems.com/LabStewardship)

- a The term "inappropriate" testing refers to testing that is inconsistent with applicable third-party guidelines. Quest's identification of potential inappropriate testing is intended as a guide to assist providers in identifying potentially problematic ordering patterns and is not intended to replace a treating provider's medical judgment, based upon evaluation of the patient.
- b The term "misutilization" or "mis-ordering" refers to testing ordered for a patient whose symptoms and/or condition may not support the need for the testing or is otherwise inconsistent with generally accepted third-party clinical guidelines. Quest's identification of potential misutilization or mis-ordering of testing is intended as a guide to assist providers in identifying potentially problematic ordering patterns and is not intended to replace a treating provider's medical judgment, based upon evaluation of the patient.
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