



Behavioral Health

A healthier future for all

Our Behavioral Health Program offers personalized supportive counseling to individuals coping with a mental illness, behavioral health issue and/or addiction. The program is designed to support individuals diagnosed with a mental illness including those transitioning back into their community post-hospitalization. Caring, experienced staff offer hope by providing the tools needed to cope and progressively enrich their lives. Behavioral health counseling does not simply treat a condition, but addresses an individual's environment, emotions, physical and behavioral health.

Providing appropriate, integrated services supports recovery and minimizes the effects such disorders have on family, friends, and community.

What We Provide

- Comprehensive needs assessment
- Initiation of a structured care plan with approval from the primary care provider that allows for the identification of supplementary community programs
- Regularly scheduled supportive counseling sessions with flexible program durations and levels of service available
- Dedicated case management nurses available daily from 8 am to 5 pm ET 7 days per week
- 24/7 Triage Nurses on call outside of dedicated case manager coverage hours
- Escalation to alternate mental health professionals available as an optional add-on
- Encounter documentation for PCP and Electronic Medical Records
- Secure dashboard and web portal access for physicians, caregivers, family, and patients to information for which they have the appropriate permissions
- Supplementary health education and appointment/medication reminders provided via preferred method of contact
- Medication and treatment adherence monitoring

Program Goals

- Help individuals manage their illnesses in order to prevent deterioration or hospitalization
- Assist individuals with determining goals and actively participating in their recovery
- planning processes so they have the right skills to live, learn and work in the community as independently as possible
- Provide emotional, educative, and case management support in a safe, dignified, and therapeutic environment
- Identify deterioration in health and coping abilities and communicate immediately with the treating provider



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