



FQHC CASE STUDY: EL RIO HEALTH

Prioritization of PCV Vaccination in an FQHC Setting

Explore how El Rio Health, a Federally Qualified Health Center (FQHC) comprising 13 sites in Tucson, Arizona, has leveraged technology and data to help address barriers to vaccination and improve clinical outcome measures for their pediatric patients. Dr. Rajiv Modak, Chief Quality Officer at El Rio Health, offers practical insights and strategies for FQHCs and other public health organizations to consider in their practices.



The unique role of FQHCs

FQHCs provide care for many of America's historically underserved communities, which include 9.4 million children. While invasive pneumococcal disease (IPD) rates have dropped significantly since the introduction of pneumococcal conjugate vaccines (PCVs), children who are publicly insured still face higher rates of disease than those who are commercially insured, underscoring the need for equitable vaccination access.^{1,2}

Persistent disparities in childhood vaccination coverage by race and ethnicity, poverty status, metropolitan statistical area status, and health insurance status have been documented—leaving children, including those with underlying medical conditions, vulnerable to pneumococcal disease.^{3,4}



Help protect the youngest: The highest incidence rates for IPD occur in the first 2 years of life, which is why it's so important to help protect babies during this time.⁵



Diabetes: Children aged 5 to 17 years with diabetes are at 5.4 times greater risk for IPD compared with healthy children in the same age range.⁶



Asthma: Children with asthma are at 1.6 to 2.1 times greater risk for IPD compared with healthy children in the same age range, making them especially vulnerable to IPD.⁶

El Rio Health: Serving Their Community

El Rio Health at a glance

230

medical providers on staff, including medical, dental, behavioral health, and clinical pharmacists⁷

~545,700

annual patient visits across 13 sites in Tucson, Arizona⁸

~1900

total employees⁸

Patient demographics⁸

Ethnicity/race: Hispanic/Latino: 63% White: 28% American Indian: 7% African American: 6% Some patients identified with more than one ethnicity/race.	Health insurance: 50% Medicaid 27% Private insurance 13% Medicare 10% Uninsured
Language: Primarily English, with ~20% to 30% of patients speaking Spanish primarily	Income: Approximately one-third of patients are below the federal poverty level
Pediatric patients: ~25%	

A 10-year effort to create a culture of quality improvement

Initially, El Rio Health focused on standard measures like well visits, cancer screenings, hypertension control, and diabetes control. As workflows matured, they began to differentiate between in-clinic and outreach strategies, with a focus on identifying patients in higher-risk groups such as⁸:

- Adults with asthma for flu vaccines
- Immunocompromised individuals
- Pediatric patients who need vaccinations

Now empowered by a modern electronic health record (EHR) system, El Rio Health has progressed to using a more comprehensive approach to improving patient care and reaching key quality outcome measures.

“This [initiative] has come out of a 10-year history of focusing on clinical quality outcomes and clinical quality improvement.

“As we started to mature and understand how we utilize in-clinic workflows vs outreach workflows to target patients, we started to think, ‘Let’s expand our focus to other areas, specifically targeting our highest-risk patients.’”

—Dr. Modak, Chief Quality Officer, El Rio Health



Actor Portrayals



Actor Portrayals

Removing Barriers to Improve Accessibility for Patients

Making vaccination an easier choice

Understanding the challenges patients face in keeping up to date on their vaccinations, El Rio Health has made substantial efforts to streamline visits⁷:

- **Walk-in vaccine clinics**

An open-clinic policy where patients can arrive to the clinic at any time and be seen by a nurse or doctor for their vaccine—no appointment needed.⁷

- **Staff surges**

Staffing levels are calibrated for higher-demand periods, like flu season, so patients can receive care promptly.⁷

- **Standing orders**

Robust standing orders facilitate care without the need for a new prescription from a physician.⁷

“The mission of a community health center is how do we understand the barriers that our patients have, and then how do we take steps to help overcome those barriers, rather than waiting for patients to do that on their own.”

—Dr. Modak, Chief Quality Officer, El Rio Health

How El Rio Health Drives Higher Vaccination Rates

A data-driven approach to in-clinic workflows and patient outreach

El Rio Health empowers providers to identify opportunities and strive toward key quality measures.



Leveraging built-in clinical decision support functionality, patient profiles show a list of care gaps or interventions that a patient is due for.⁷

Example: An alert that reminds the nurse or physician that a patient is due for their annual influenza vaccine.



Once key groups are identified, outreach text messages can be sent to many patients at once, reminding them they may be due for a vaccine, screening, or follow-up visit.⁷



Patients with high-risk conditions (eg, severe persistent asthma, diabetes, immunocompromised patients) are identified via previously defined filters within the EHR.⁷



Staff is trained to inform patients about the importance of specific vaccines, helping to relieve vaccine hesitancy and highlight the risks of vaccine-preventable diseases.⁷



When creating alerts for a risk group that may need an intervention, be sure to use the correct diagnosis codes.

Example: “Moderate persistent asthma” or “severe persistent asthma” may be more appropriate than simply “Asthma” to capture patients who are considered higher risk for pneumococcal disease and need a pneumococcal vaccination.

Among El Rio Health patients

87%

of children aged 0 to 4 years completed all PCV20 doses recommended for their age.⁷

40%

of patients 5 to 17 years old with underlying medical conditions completed all PCV20 doses recommended for their age (n=46/116).^{7*}

El Rio Health continues its quality improvement efforts to get the remaining pediatric patients caught up on pneumococcal vaccinations.⁷

PCV20=20-valent pneumococcal conjugate vaccine.

*60% of patients did not complete the primary schedule but could still be eligible for catch-up.⁷

Actor Portrayal



Actor Portrayals

CREATING AN EFFECTIVE VACCINATION PROGRAM IN YOUR PRACTICE

Consider These Tips From El Rio Health

Make care accessible

Many FQHC patients face significant barriers in scheduling appointments and regularly following up with their care. El Rio Health allows patients to walk in anytime without needing a vaccination appointment. Staff levels are augmented at key times so patients can receive care in a timely manner, and standing orders make routine care more efficient.⁷

Optimize your EHR data

An EHR system that includes population health and clinical decision support tools can be used to create alerts and streamline patient outreach. Collect and analyze data to monitor important quality measures related to gaps in care.⁷

Identify high-risk patients and reach out

In-clinic education and outreach efforts between visits can be crucial to improving outcomes for the most vulnerable in your community.⁷

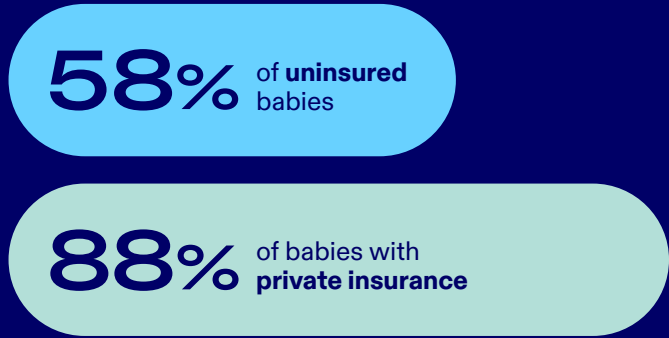
“Make vaccinations a high priority by making it open-access and having no need for an appointment for a vaccine. This is a huge way to signal to staff that vaccines are our highest priority, and that we’re removing all the barriers we can to getting [patients] those vaccines.”

—Dr. Modak, Chief Quality Officer, El Rio Health

FQHCs Are Uniquely Positioned to Address Pneumococcal Vaccination Disparities³

FQHCs are critical sources of preventive care for underserved populations—serving **1 in 10** individuals in the US. A higher proportion of children from low-income neighborhoods have underlying medical conditions such as asthma or diabetes, which puts them at greater risk for IPD. **FQHCs are key access points for Medicaid, uninsured, and underinsured patients.**^{3,4,9-12}

Only 58% of uninsured babies (n=569) and 76% of Medicaid-eligible babies (n=10,018) received ≥4 doses of a PCV by age 2 compared with 88% of babies with private insurance (n=16,007) among babies born during 2020-2021, according to the National Immunization Survey-Child.^{3*}



*Estimated vaccination coverage by age 24 months among babies born during 2020-2021 from the National Immunization Survey-Child, United States, 2021-2023. The Kaplan-Meier method was used to estimate vaccination coverage to account for babies whose vaccination history was ascertained before age 24 months.³



Actor Portrayals

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